

Frankston LSC

BECOME A LIFESAVER

Learn How



**RESCUES, CPR
BEACH PATROLS
FUN HEALTHY
AQUATIC SPORT**

**Surf boat rowing, Board or Ski paddling
Swimming, Beach sprints, Flags, Relays
Resuscitation, Iron man/woman, First aid
New Friendships**



Join at the club: Foreshore, End Wells St, Frankston
Seniors : Tuesdays/Fridays 6:00pm Nippers Fridays 5:00pm
Visit our website: www.frankstonlsc.org.au
Email : info@frankstonlsc.org.au